



# ***Living A Course in Miracles***

## **Power of Prayer**



*with James Twyman  
& Jennifer Hadley*



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# Power of Prayer

*with James Twyman & Jennifer Hadley*  
**October 24, 2016**

Jennifer Welcome to Living *A Course in Miracles*. I'm Jennifer Hadley. Our teacher today is James Twyman. You're going to be dazzled and heart-opened and go to the depths today, I know that. Our topic is, "Power of Prayer." The Power of Prayer is something that Jimmy and I both know a lot about. We're very excited about this topic. We can hardly wait to get started here. One thing I encourage you to do is to go to [JamesTwyman.com](http://JamesTwyman.com) or [WorldPeacePulse.com](http://WorldPeacePulse.com). One of the resources that Jimmy has is the entire *A Course in Miracles* lessons in song and also the text. *A Course in Miracles* text, he is a prolific musician, writer and filmmaker. He's got so many things going on and I encourage you to check it out because you will find that you will be inspired and uplifted every day of your year if you are in league with Jimmy Twyman. Welcome, Jimmy.

James Hi! It's great to be here, Jennifer.

Jennifer It is. This is your second time doing a Living *A Course in Miracles* class. I'm so grateful. We'll talk about it later. We're doing a conference that you're hosting at Easter time next year.

But we're going to begin everything here today with a prayer in song, and then a prayer in spoken words. So Jimmy is going to start with a prayer and then I'm going to pray.

## *Opening Prayer*

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James Well, first of all, I'm so happy to be here to share on my favorite subjects and the history of the world, which is this transformative message that we find in *A Course in Miracles*. The Power of Prayer is really an important part of that. We hear it over and over in the *Course*. In fact, over and over, Jesus is asking us to be quiet and to receive the guidance from the Holy Spirit, to receive the power of that word.

I want to start off with a beautiful song from one of my favorite lessons, which is, "In quiet, I receive God's Word today." To receive, means to say,



“Yes, I’m open to receiving.” And we are open to receiving God’s word in this moment whatever it is that we need to hear. None of us are here by accident. We’re here because we have been called and we said yes. So we are here to receive. And music is such a beautiful way to do that. We were just talking about this. Music is a way to slice in to the back door of our consciousness right to our heart. Or as St. Augustine like to say, “When we sing, we pray twice.”

I’m just going to share this beautiful little chant, so wherever you are, you could just sing along. ”In quiet I receive God's Word today.”

“In quiet I receive God's Word today

In quiet I receive God's Word

In quiet I receive God's Word today

In quiet I receive God's Word... “

Join me.

In quiet I receive God's Word today

In quiet I receive God's Word

In quiet I receive God's Word today

In quiet I receive God's Word

*Let this day be a day of stillness and of quiet listening*

*Your Father wills you hear His Word today*

*He calls to you from deep within your mind*

In quiet I receive God's Word today

In quiet I receive God's Word

In quiet I receive God's Word today

In quiet I receive God's Word

In quiet I receive God's Word today

In quiet I receive God's Word

In quiet I receive God's Word today



In quiet I receive God's Word

Jennifer So let's take that breath of Love and gratitude together. Our hearts so open, our mind so free. We are consciously Partnering UP with the Higher Holy Spirit Self to remember and recognize that our true identity is already as Holy as Holy can be. We're already free. We're already perfect.

We are grateful and thankful to dedicate our conversation, our Divine listening, our dialogue to the Holy Spirit, to our healing, to our awakening. We are grateful to surrender all the blocks to Love and to allow them to be permanently dissolved and resolved back to the nothingness.

We are grateful and thankful to open our hearts and minds to the Truth and to accept our Freedom, to accept the healing that's happening right now. We are grateful to share the benefits with everyone because we're One with them. In gratitude, we simply allow it to be, and so it is. Amen.

James So it is. Amen.

Jennifer Amen.

### *Prayer Is An Affirmation Of The Truth*

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Well, there's an example of the Power of Prayer because my whole being is buzzing.

James Yeah. Me, too.

Jennifer I feel the healing has already happened, and that is the Power of Prayer. You know, *A Course in Miracles* tells us over and over and over again, Jimmy, that our word is powerful, our mind is powerful because we're not separate from God. So it's up to us what we would like to experience. It's where we place our attention. And prayer is for rebooting us into remembering that our mind is the Mind of God. We are One with God and not separate.

Yet, I noticed that a lot of *A Course in Miracles* people don't really know that much about prayer. I wonder if you would be willing to share something about your prayer practice and what you've learned about the power of prayer.

James Hmm. Yes, I would love to. Thank you so much for this subject. It is such an important subject because prayer really is nothing more than an open communication. When we are always in that communication with the



Holy Spirit or however you want to define that, then we're always being guided, we're always being inspired. The problem comes when we close off our communication.

Jennifer

Uh-hmm.

James

When we think that we can do it on our own. We think we have everything that we need already, when we think that we can do anything, really. That is where we get to trouble, we can all relate to that. When we realize that on our own we can do nothing, but when we are aligned with the guidance of the Holy Spirit, there's nothing that we can't do.

For me, I'd like to think about it like a telephone. I remember back when I was a teenager. I'm sure we could all remember a time like this in our life when we were deeply in love with someone. Say, when you're in high school and maybe your first relationship. Maybe what you would do is you would sit for hours on the phone with the other person on the other side, and you won't even talk. Maybe just listen to that person breathe because you are just so infatuated with their presence.

That's the way I like to think of prayer, actually, like we are always on the line with the Beloved. We don't have to be talking or asking for things. In fact, asking for something is really the opposite of a prayer. That is a vast misunderstanding that almost every religion has. That we should go to God and ask for what we think we want because then that makes us believe that there is a God, a being outside of us that somehow is keeping what we deserve away from us. And if we can just ask in a nice enough way, maybe that being will give it to us.

One of the things that I've come to realize, and I'll just say it bluntly even though it's—I'll have to follow up so you understand. I've been saying lately that I don't believe in a God. I don't believe that there is a God out there somewhere, outside of me, outside of you that is giving us or taking from us or anything like that. But that doesn't make me an atheist because what I believe in is only God. I believe that everything is God. If I can commune with the energy of that reality within all things and all moments, then what could possibly be kept from me? That is for me what prayer is.

I remember back in the early part of my life, I think I understood this even before I understood it mentally. We've been raised in a very Catholic family. I was always drawn to the mystical side of teachings. I would pray my rosary. I would just go into this ecstatic sort of feeling of presence of God, of



Divinity. I remember when I was young, one of my favorite things to do was to go to this cemetery that was near my home. I'd ride my bike over there. There was a particular statue of the Blessed Mother, and I would just sit there. And I would just be present. I would just feel this opening inside me. I wouldn't ask for anything. I would just be present in that Love.

Maybe in that lesson, "In quiet I received God's Word today," means, we have to be quiet. That's what true prayer really is. The other thing I believe about prayer is that what we are really doing is we are affirming what is already true. Not that we're asking for something that we hope that we have, it's about affirming what is already real. Isn't that what we hear in *A Course in Miracles* page after page after page?

"What is real cannot be threatened."

"What is unreal does not exist."

It's on the first page. So what we're called to do is to affirm what is real. What is real but that relationship, that Oneness, that undeniable connection that we have with our source. So I don't believe on a God that is outside me giving me things, taking things from me at all. I don't think that such a thing exist. I believe that everything is that I AM already fully contained within. To me, that is very exciting, and that brings prayer to a whole another level of presence.

Basically, Jennifer, I may have answered that question in the long format but to me that's what gets me excited, just being open and present and affirming what is already true about that relationship, that Oneness that we have with our Creator.

### *Spiritual Solvent*

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Jennifer Well, I think you've made some really important points here. One, I'll share with you something I shared in one of these classes recently that I share all the time. I don't say, "Holy Spirit," as much as I say, "Higher Holy Spirit Self," because I've encountered a number of *A Course in Miracles* students who the way they talk about the Holy Spirit is as though the Holy Spirit is a separate from them and outside from them. So that's why I say, "Higher Holy Spirit Self," a lot of the time just to remind us that we're not separate.

This point about asking is such an important one because I say we're not asking for money. We're asking for the remembrance of the fact that we are



abundant. We are our nature, our spiritual nature is Abundance. Not just that we're abundant but we are the energy of Abundance. We are the energy of Wholeness.

James Yes.

Jennifer These spiritual qualities are our true essence and nature. I want to ask you for a little more Clarity because people have read in *A Course in Miracles* to start their day with saying, "You decide for me."

James Yes.

Jennifer So if we're not asking God but we're in this relationship with the Holy Spirit, the Higher Self, with Jesus, with the angels, because Jesus tells us about all these different things that we are in league with and that we can listen to and get guidance from. How does the asking work in terms of that relationship?

James Yes. Great question. The first thing is that—we'll say Jesus for now. Jesus starts with us where we are, not where we're not. In other words, let's begin in the present state of consciousness that we have. Clearly, in the present state of consciousness in this physical experience, there's a belief in separation. That's the foundation of the physical experience that I'm separate from everything I perceive. So Jesus starts there.

The beginning point is to realize before all of these could be dissolved into the next step or the next level, we have to realize that, "On my own, I can do nothing. On my own, I know nothing." Because the experience of duality is the experience of being on my own, right? So Jesus starts with us right there. It's basically saying, "I get that you think you're on your own here. You're not." But let's just start there because what you're being called into—and this is the key. You're being called into an experience. Not an intellectual experience but a deeper awakening. That's what we define as the experience of *A Course in Miracles*, right?

We can get lost in the rhetoric. We can get lost in the concepts if we want. And that's what will happen if we don't take that first step, which is what Jesus is asking us to do, which is to ask for guidance and everything. Ask what you should do and everything, because starting from that point of you believe in that you are separate, that you are doing it on your own. When you begin to say, "On my own I can do nothing. On my own, I literally am nothing."



Then, what I do is I begin to—it's like having this solvent that begins to get in between the spaces of this thought system, of this framework that I've built to make all of this seem real, and it begins to dissolve. Those things begin to move apart. They begin to separate. Now there's some space for the Holy Spirit to enter into so that we can have an experience. And what is that experience other than, "I AM One with God."

Let me remember that I AM One with God. Suddenly in that moment when we enter into that experience, it's no longer about me asking for guidance because I AM that guidance. But that's the experience. We can't do that intellectually because you just can't. We can try. We can pretend like we do but it's like a child pretending to be a fireman. A child can pretend to be a fireman or a doctor or whatever they want to do, but that doesn't mean that they are ready for that experience yet.

We can say all the right words, "I AM One with God" but until we have the experience of that dissolving, then there is only one thing for us to do, and that is to ask for guidance for anything, for everything, to wake up in the morning and every decision to say, "What would you have me do?" Because that's what creates that dissolving until we have that experience and we expand into the All, but then that even that passes away.

I don't know if that answered the question or not but—

Jennifer Your answer is so beautiful. I love what you're saying about the solvent. That's such a great metaphor because that's—it's like I say, "Dissolve and resolve." It really is that that we are asking to remember the Truth. We're asking to realign. And when we're asking in that way, we are demonstrating our willingness.

James Yeah, that's right.

Jennifer And that's the key to it all is being willing to abandon this separation thought system and to remember that we're not separate.

James Yeah. And that's why Jesus says over and over, "All you need is a little willingness." You don't need to do this on your own. You don't need to try and take it on all the problems of the world. You don't need any of that. You just need to be a little bit of willing to realize that none of it means anything. That you've given it all the meaning that it has, and that is that solvent. I love that idea, too, because we have to be willing to receive that. But as long as we're guarded in guarding our thought system, in guarding



our independence and all of that, well, then that solvent can't get in and can't begin creating space between all of those space that we have claimed.

Then the Holy Spirit can't bring us into the experience. But I do see this happening more and more. For me, that's what *A Course in Miracles* is, it's a call into the experience of Divinity. It's not a call to understand what the heck Jesus is talking about because we never will outside of the experience. But suddenly, when you're in the experience, it's like, "Ah! Okay! I see it now."

Jennifer Yes, you know you remind me, Jimmy, of talking with a friend who had a near death experience where he was heading down that tunnel. He was a young man at the time that it happened. He had been an avid—he was very interested in the Incan ruins, the Mayan ruins and the lost treasures, and the Egyptians and all of these things. As he was heading towards the light in his near-death experience, he said in that moment, "I knew everything, every secret about civilization that I ever wondered about. I knew it all. In that moment, I knew that only two things mattered, to love and to forgive."

James Oh, man, that's beautiful.

Jennifer And he said, "When I came back from that experience, I came back and I didn't die. He said, 'Since then, I've been completely without fear because there's nothing to fear anymore.'" So what you're talking about is that dissolution of all these constructs, these ego constructs, just leads us with that pure Truth, which cannot be comprehended by the ego, It's incomprehensible to the ego. So don't even understand it through your ego mind.

James Yeah. Oh, I love it when it becomes that simple. That's such a valuable story that you shared because in the end, that's all that matters, to love and to forgive.

"And in the end, Love you take is equal to the Love you make"

The Beatles had it all.

Jennifer They did. They knew what they were talking about.

### *Power Of Praying Together*

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James I would love to say one experience which is—

Jennifer Great.



James        Maybe on another level of this or another layer of all of this, and that is when I began to realize, not just the power of this prayer that we're talking about, which is that dissolving into the experience, but also what happens when we come together in massive numbers and focus on the Truth, focus on only Love. The miracles that happen from that, that is one of the things that I've been very focused on a number of years is inspiring people to come together for massed synchronized meditations and prayer vigils. And to see time and time again that miracles that have come from that.

It all started very happenstance with me. It was actually 20 years ago this month that my first book came out, *Emissary of Light*, and when I first started traveling around promoting that book, I knew that I wanted to—I didn't imagine it to but I knew I was being called into this experience of deeper prayer, of understanding what prayer truly is.

I'll never forget. I was in London and I was on a radio program there and it was at a time when we were really right at on the verge of beginning another war with Iraq. It was 1998 when this happened. I remember being on this radio program and the show host was pushing me a little bit asking me to—like, “Word has just really hit the ground or it's just a bunch of new age nonsense.”

What came out of my mouth, I said, “What I would really like to do is to go to Iraq and just sing the Muslim Prayer of Peace to Saddam Hussein, maybe a miracle will happen.” Well, without going into details, three days later, I'm walking into Baghdad, officially invited by Saddam Hussein himself. I'm going to be doing a concert at the National Theater. What happened, because it was all so fast, just this amazing thing that happened—back in 1998, I don't know if we can really remember this time but not everybody had an e-mail address in 1998.

Jennifer      Yes.

James        The internet was not as it is now, but my agent had—I think she probably had about three or 400 e-mail addresses or so. So she sent out a letter to all of those people, giving the time of this concert and asking everyone to stop and to focus their prayers of Peace on to the Iraqi situation. That letter went viral and it began traveling all over the world. By the time I did that concert, millions of people who had stopped and we're focused in sending their prayers, and I remember feeling as if it was raining light and Love.



There didn't seem to be any possibility of this being averted, this crisis. But something seemed to shift in that moment. All we know is that three days later, against all expectations, a Peace accord was signed and the war had not happened. I could tell story after story after story that shows the same thing when billions of people come together because I've done this in so many other countries. I've been invited to so many other countries that were at war.

I'll just tell one final one which was just this past February. I was going to Syria. I was going to be doing a concert on a hill overlooking a village held by ISIS. Clearly, one of the crazier things that I'm excited to do. Because of the unusual nature of this that it got a lot of attention, a lot of media. My favorite one was when Bill Maher did a big thing on me during his show. He called me, "the idiot folksinger from Portland." The only part of it that I was offended by was being called a "folksinger".

It really caught the moment. Once again, millions of people stopped and they prayed. Two things that happened that I wanted to talk about because it shows the power of this joined intentional prayer. The first was that—so here we are on the hill. A number of people came. Maybe about a hundred people, Israelis, Palestinians, Christians, imams, priests, ministers, rabbis, we were all there on this hill looking down under the village where the war was literally going on in that moment.

When the time came for us to hold silence, everyone sat down somewhere and we focused in, knowing that there were millions of people around the world doing the same thing. We were holding that Peace, holding that silence. I was looking at my watch because I was going to be the one to bring this out of the meditation with an, "om." So I'm looking at my watch, the 15 minutes has just ended. I'm literally taking a breath to begin the, "om." But before any sound comes out of my mouth, maybe 200 feet below us, suddenly a wolf begins to howl. Then two wolves, then five wolves, then a whole pack of wolves are howling for exactly one minute and then they stopped. That's how the prayer vigil ended.

Then even though we're still working to complete this process of Peace in Syria, it was only five days after that, once again against all expectations, Peace talks began in Munich.

So the point I'm trying to make is that whether we're coming together in a—excuse me. While we're coming together in mass numbers like we did in



those situations or when we're just meditating or feeling that presence, I don't know. The key to activating the Power of Prayer is to feel the energy of this has already happened.

Jennifer Uh-hmm.

James That's what I wanted to share. We're not asking for something. We're not asking for Peace in Syria. We're not asking blocks removed on our own life. We're not asking for anything but the only thing we're asking is that the blocks to our awareness of Love, of Abundance, of Peace, but the blocks to our awareness...

Just going to get my drink of water.

That the blocks of our awareness of those things be removed. That's why Jesus says this in the introduction of *A Course in Miracles* that that's all what we're really asking is for, the blocks to be removed. Not to have something that—not to create something that we don't have already. It's already there. We just need to remove the blocks. To me, that's the key to the power of prayer is to simply relax, be quiet and listen to the sound of that voice of Oneness within each one of us to allow those blocks to be removed.

Jennifer Exactly. So beautifully said and demonstrated. Yes, we seek not from Love but to remove the blocks around our heart and the things that we cling to that are the blocks to Love.

James That's right.

Jennifer Yeah. And that's—

James And I—

Jennifer Uh-hmm.

James I was just going to say, "And how simple is salvation."

### *Macro And Micro*

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Jennifer Indeed. Indeed. You know, in a sense it sounds crazy to me but I follow my guidance whether it sounds crazy or not. So you've given us these beautiful examples of the power of prayer where it is so clear that there is a result, there is happening in the mind and translating into the world of form through the Power of Prayer on this global scale. I wonder if you can give



us an example, Jimmy, from just your own personal life and relationships because sometimes people say, “Okay, yeah, I can see where it would work for World Peace, but can it work for me when I’m having a challenge with my spouse?”

James        Yeah, it’s funny that we would do that. We can take it out into the macro and say, “Okay, I can see where it would work to stop a war, but how does it heal my relationships?”

Jennifer      Right.

James        What I immediately feel is that laughter, that Joy. I feel like that’s what—if Jesus were here with us right now, that’s what He would be doing, He would be laughing and say, “How interesting that you think that they’re two different things instead of realizing that they are the same thing.” There is no world out there that is being healed. It’s all you. It’s all about not those relationships that you think that you have between yourself and other people because there are no other people.

The only relationship that is being healed is that single relationship between you and your Creator that you for a moment have perceived to be separate. So whether be doing something massive like as a world-synchronized meditation, or whether it’d be just dealing with the relationships from my own life, it really is the same answer, which is to realize that I have but to surrender. I have to let go.

Like you were saying before, “To realize that on my own I can do nothing and ask for guidance. Because as soon as we’re asking those questions, “How do I do this?” Or, “How do I do that?” What we’ve done is we’ve believed on the power of two rather than on the power of One. Because where there are two, there may be three, then four, then infinity, and everything is outside of us. But the Truth is there is only One. That’s the experience that we were talking about before.

I can be in a situation where I’m having a difficulty with a relationship. I am encountering issues with my finances. Or whatever the specifics may be, and trust me, I go through them just like anyone else does. But what I am called to do in the midst of those is to remember that none of those are real problems. They’re manifestations of the only problem that I could ever had, which is to believe that I am separate from the All, from my Creator, however you would like to think of that.



## *Prodigal Son Explained*

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What is the answer then? To be still and listen to God's voice. To be still and listen to the guidance that you're given which is always leading you back. We're all like the prodigal son who went off to a foreign land thinking we could make it on our own. Before we know it we have squandered Father's wealth and we're left eating with the pigs until we have enough sense to realize that even if I went back and acted as my Father's servant, even then I would be living better than I am now. Then the journey home begins, and that's the journey that we're all are, is the journey back home.

The beautiful thing that happens when we get within sight of that home or in sight of that experience, we thought for a moment that we did something wrong that we would have to repay that wrong, that we have to be punished in some way. But just like with the prodigal son, the Father comes out and greets the son when he's still a long distance away. Puts sandals on his feet, a ring on his finger and kills a fatted calf because the Father in the story doesn't perceive that anything ever happened because the Father did not put his value in the money that was squandered but in the son itself.

So that's what we are all called to do is to realize that all of these problems that we all think we have, all the specifics, they're there to distract us from what is true. All we need to do is in that moment to hold still, ask for guidance. And that guidance is always going to be to take us away from the specifics into the understanding and the experience that there's only one thing going on here.

Jennifer Well said. Well said. What this brings up to me, Jimmy, is the topic of order of difficulty and different levels.

James Uh-hmm.

## *Same Degree*

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Jennifer That we can get caught in that thinking that there are different levels like, "Oh, it's much easier to heal this thing with a prayer than that thing."

James Yeah.

Jennifer So what would you say to somebody who is feeling that, "You know, I've got a terminal cancer diagnosis, man. I just don't see. It is different when you just want to heal a relationship but healing this, this is in the body."



James Yeah.

Jennifer Yeah.

James Well, that's a tricky one because this is—if we want to think of an ego or that part that we all have just trying to edge out the experience of our Oneness, then it makes total sense to imagine that one thing is harder than another and something like cancer would be harder than healing the relationship. That's why once it really comes back to letting go of all of those ideas and then being still and then listening. The Power of Prayer is just in the listening to the guidance that comes to us every moment. The experience of that, we really focus on experience, a lot in this call because the experience that we're calling forward, not in intellectual decision or an intellectual idea, but to enter into the experience of realizing that there is no difficulty in miracles.

We can say that and we can read that but it makes no sense to us ultimately until we have the experience of that. The experience is not something that we can create. However, the experience is something we can allow. That's the important thing. I can't force myself to have an experience but I can step back to the point that the experience is automatic. That just means to let go, to surrender, to trust, and to be grateful to whatever is showing up in this moment. Then the experience just falls in all around us.

The experience is nothing more than, "I AM One with God," and that none of these problems mean anything, really, whether they be cancer or anything else. If I AM One with God, then that's the only thing that really counts. So it does seem our ego is going to make a team like a whole hierarchical sort of view of difficulty. "This is more difficult than something else. This is more important than something else." But the experience leads us into realization that it's all the same.

### *Allowing the Highest Good*

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Jennifer Indeed. So one of the traps of the ego is that it's always going to be the meaning that we make of it, our interpretation.

James Uh-hmm.

Jennifer So we fall into all these kinds of interpretation, and one of them that we can deal with when it comes to prayer is we're praying to change



something in the world. So many people, when they're praying, they're praying to change something in the world. The motivation is to have things be different. *A Course in Miracles* tells us to be miracle-minded. Then a miracle is actually not something that happens in the world.

James I know.

Jennifer So can you help us understand that?

James Well, this is something I talk a lot about in the midst of these worldwide meditations, because it seems like we're asking for something that changed in Syria. Or it seems like in the case of our next meditation, which takes place on November 6, that we're asking for a particular outcome in the US presidential election. But that isn't really it, if at all. What we're really allowing—we're not asking for anything, we're allowing for the highest good to be done, and we're trusting that.

In the case of the US presidential election, as much as I would like to say who I want you to vote for or I don't want you to vote for, I wouldn't even say it here. But as much as I would like you to believe that the solution is in my idea of who should or should not win, that has really nothing to do with the real solution because there is a solution that is happening right now already. That's the key, it's already happening. I just have to remove those blocks to experience of that happening.

What it looks like in form, ultimately will make no difference because it's my allowing the experience of this to take hold of me that really means something. It really is about just getting out the way and allowing the highest good to be done. When we allow the highest good to be done, then everything else falls into place as it should in a way that it will be the highest good for everyone because I have taken away my judgment about how that should look like.

It really keeps coming back to those—the three words that I love the most which are: surrender, trust and gratitude. I have to surrender what I think needs to happen. I need to trust what's happening in this moment. And I need to be grateful no matter what it looks like. If I can do that, then I will always be in the right place. I will always say the right things. I will always be in that experience that we've been describing here. And the details won't matter.



- Jennifer Yes. That's beautifully said. That's a perfect and beautiful practice, surrender, trust and gratitude.
- The Course tells us, "Everything works together for good. There are no exceptions."
- It tells us that everything is a lesson God would have me learn. Still, I feel it's really important for us to realize that we're not just being passive that this world is a manifestation of our thinking, of our belief. So if we don't like what we see in the world, then we change our mind about the world. That's where I sometimes I think *A Course in Miracles* students say, "Well, yeah, of course, I don't like this situation. I don't like this world but what can I do? What can I do? They will even forget that they can change their mind about it. So prayer, to me, it helps me to change my mind rather it helps me to relinquish all attachment to looking at the world of form and saying, "Oh, I don't like that. That's not good."
- Prayer, it takes me back to, "It's all good. Let me see that. Let me see that manifesting."
- James Yeah. I love that.

### *Fall In Love No Matter What Form*

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- Jennifer So there's something about being passive sometimes because this whole series is called, *It's Time to Rise and Shine: Taking Spiritual Action*. I wonder if you could speak to that about really being active in our prayer and not being passive.
- James One of the things that came to me as you were talking, Jennifer, is that I'm being called to fall in love with whatever is present in this moment regardless of what it looks like.
- Jennifer Hmm.
- James To fall in love with it. That's what it means to just allow the good to be done. To fall in love with it no matter what it looks like. That can be very hard for us. I'll be very honest. I'm being very challenged with that these days, lately because of this election. It has really been challenging me to surrender into everything we're talking about here because there is a part of me that looks at what's happening and says, "That's wrong. That shouldn't be happening. We can't allow that, all abuse and self-righteous



ideas of what I think needs to happen. But what we're really being called to do is to fall in love with the moment no matter what it looks like.

Just like we would be totally in love with a two-year old child when they're acting up. We don't like it necessarily but we can look at that child and say, "This is the stage of growth that this child is in. How can I do anything but love this?" Of course, the more that we do love it, the more we allow the highest good to be done for all. So I don't have to try and change anything. I can just be in that Spirit of Love and forgiveness like your friend says. "Love it all. Fall in love with every part of it."

For me right now, that has to do with fall in love with Donald Trump, and it has to do as falling in love with all the rhetoric as we go swimming around in this election. Ultimately, what that brings me to the experience of is that Donald Trump is no different than me. There is no Donald Trump just like there is no Jimmy Twyman or Jennifer McLaine.

There's only the Christ expressing His self right now, and that is ultimately what I'm in love with. I'm so in love with the Christ expressing itself even if it's Donald Trump because that allows me to dissolve—that brings us back to that solvent. That allows me to dissolve all of those things that seem to make me different or suffer from Donald Trump or Jennifer McLaine or anyone else. It allows me to realize that all that I'm looking upon is the Christ. That's all I want to see but that's only going to happen if I fall in love with it no matter what it looks like.

Jennifer Well, that's it. That's it. Whenever something in the world seems to bother us, it's not what's happening in the world, what's happening in the world is a gift to let us remember that, "I'm holding a grievance. I've got a grievance that's my little treasure. Whoever it is in the world that's triggering me is like an angel come to help me to relinquish the blocks to Love so I can be free. So anyone who's ever triggering me in any way whatsoever has come to help me be free."

James Uh-hmm. That's right. There's a song that I wrote years ago called "*Entertaining Angels*." The first part of it goes:

"I'm entertaining angels, I'm opening the door

Everyone who comes to me is an angel to adore"

And that's really the attitude to realize that every person, every experience no matter what they look like, no matter what they say, no matter what.



This is really the key to *A Course in Miracles*. This may be the single key that totally opens up for us, those words, “no matter what.” I’m going to do this no matter what. I’m going to love no matter what I’m going forgive. No matter what, I’m going to see the Christ in front of me every moment because if I can do that no matter what, then I will be in that experience of my own Christhood.

I’m not going to be entertaining concepts of what the Christhood is. That’s crazy. I don’t care if my or your or anyone’s ideas about what the Christhood is. I want to be in the Christhood, and that happens no matter what.

Jennifer Yes. It reminds me of my favorite lesson in the workbook which is, “Love Holds no Grievances.” That how can I be my true self, how can I be fully empowered and hold this grievance. I cannot. I cannot. And that’s—

James That’s one of—

Jennifer Go ahead.

James I was just going to say that’s one of my favorite songs from the musical workbook, *Love Holds No Grievances*. That’s a real rocker, that one. It’s a great one to dance to.

Jennifer Well, that’s the thing is we treasure our grievances. We cherish them. We don’t want to give them up. Prayer to me is for that surrender you talked about earlier. What better way to surrender than to give the grievances away to the Higher Holy Spirit Self and just say, “Just take these out of my mind. I’m not interested in them anymore. No more blocks to Love, only the free flow of Love for me. That’s all I’m interested in.” That’s my constant prayer is just—oh, here’s another one.

Speaking of rocker, sometimes I sing that song, do you know the Queen song, *Another One Bites the Dust*?

James Yeah, right. Great song.

Jennifer When I give up the grievances... Yeah.

James I’ll just play that one. One of the things that I like to sing, a Queen song that helps me remember is—and this is such a high teaching. I’ll just sing:

“Nothing really matters, anyone can see.

Nothing really matters.



Nothing really matters to me.”

Music can be such a great teacher.

### *Every Thought Is A Prayer*

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- Jennifer      Indeed. Indeed. As you were saying before, it’s a heart opener. It really gets us into that place of surrender, and faith, and willingness. For me, I like to speak my prayers out loud. Do you have any thoughts about whether it’s more helpful or valuable if you speak your prayers out loud?
- James      I think something like that is going to be very individual. Some people are really going to resonate that and they’re going to feel the power of spoken word. I can relate to that. Other people are going to that still quite place and just not even use words at all. Their prayers are going to be more of a feeling and more of a meditation. So I just hope that people experiment. See what works for you. See what inspires you. See what brings forth the experience of that union. Whatever works for you, go with it.
- It doesn’t matter if it works for somebody else. For you, it might be jogging. It just might be feeling the presence while you jog. That’s not for me. It wouldn’t work for me. So just experiment. Make it a game. Get into it and just try different things and see what works and see what’s really going to take you into that deep place and then stick with that.
- Jennifer      Yes. As you know, being so involved in the Unity Church Network and having been involved in New Thought for decades now, and you, too. In New Thought, we talk about the power of our thought and the power of our word. Don’t speak about or think about things you don’t wish to bring about.
- James      Uh-hmm.
- Jennifer      One of the things for many people is they’re split in their mind in that—especially spiritual students, they can be very split about this where they’ll realize, “Oh, I’m only going to affirm the positive. I’m only going to affirm the positive.” But then they actually are berating themselves and chastising themselves and not quite realizing that it’s not just the word you speak out aloud, but it’s also the words that you think in that in a sense every thought we think and everything that we say is in each way a prayer.
- James      Absolutely. Every thought is a prayer and every word we speak is a prayer. This is not about being a thought-Nazi, and judging ourselves and
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attacking ourselves every time we think that thought that maybe we believe would be not as high as another thought. But to stay in that place that your friend talked about, that everything is just about Love and forgiveness, and to be willing to Love and forgive myself, once again, no matter what. That's the key.

No matter what, I'm going to focus on, "I'm just being present with those positive prayers that are coming through me every moment." When I act like a human being and have a thought may not be so aligned, that's okay, too. Don't beat yourself up. Don't throw the rest of it away because it's okay. Start again. Start again. That's what Jesus says over and over again, just start again.

If we just treat it like we would a child's game, then there's a Joy even in that, even when we falter, it becomes a game. "Okay, here we go. Start again. Start again." And there's a Joy present no matter what. I guess that's the theme of our talk here today, "no matter what."

### *Lesson In Humility*

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- Jennifer      Uh-hmm. Absolutely. Yeah, and it's that—you know as you're sharing there, Jimmy, what I'm reminded of is that this journey, we can talk about it as surrender, and it's also humility. Constant humility.
- James        Oh, my goodness! Yes. That's right.
- Jennifer      Humility is when we know that we're not better with everyone, we're not less than anyone because we're One with everyone. There is no better or less than, and so humility to start again. To start again and again and again many times a day, it does require humility.
- James        It sure does. I think this is one of the benchmarks of a truly mature spiritual person. We see this in all of our true spiritual teachers. One that come to mind immediately for me is Pope Francis. Talk about a truly spiritual man. Someone who comes into such a dysfunctional institution as the Roman Catholic Church. I can speak about that because I'm a former Franciscan, so I've seen it close up. Yet, here comes this man of true prayer, of true humility. The first thing he asks the billion Catholics in the world when he becomes Pope is, "Please pray for me."



And for him to choose the name of Francis, to be the first Pope named Francis, because he's so aligned with the greatest advocate of human humility, Francis of Assisi.

Jennifer Uh-hmm.

James I mean, people like Pope Francis, Mother Teresa, the Dalai Lama, the higher they ascend in their own spiritual experience, the more humble they become. That's why when you meet someone who says, "I'm the one to follow. I'm the one who has it." Run.

But when you meet someone who says, "I'm just here reflecting your beauty, your grace, your light," that's the one to pay attention.

### *The Twyman Zone*

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Jennifer Uh-hmm. Well, gosh! Our hour has gone by very quickly. We're going to close out here in just a couple of minutes. It's very inspiring to talk about prayer. For me, even just to contemplate prayer, I get excited and inspired. You have many resources because you're a true renaissance man with your music, and you're speaking, and your teaching, your writing, your filmmaking, and all the many things that you do.

I would love to point people towards ways that they can look at what doing and get involved in and what you're doing. Can you tell us how to do that?

James Well, the easiest way would just be to go to my website which is either [JamesTwyman.com](http://JamesTwyman.com), T-W-Y-M-A-N or the same—would take you to the same place, [WorldPeacePulse.com](http://WorldPeacePulse.com). That would be the place to really be alerted when we're doing these worldwide meditations. For example, the one that's coming up in just a couple of weeks for the election. We're asking people all over the world to stop and to focus on the highest good being done in this presidential election. It's going to be a 7 p.m. Eastern time on November 6, just a few days before the election. That's going to be remarkable. I will be at the Celebrate Your Life Conference that time in Scottsdale, Arizona. So maybe if you are near Scottsdale, please come and join us live. It's an amazing conference. It has most of the greatest spiritual leaders in the world at it. So I'm just so happy to be there.

But, yeah, go to [JamesTwyman.com](http://JamesTwyman.com). That I think is the best way for us to keep in touch. That way, when things happen, and sometimes they happen very fast. That's a great way for us to let people know, to get to people



quickly and motivate people to do everything that we've been talking about here today.

Jennifer Beautiful. I want to remind people that you have recorded all the *A Course in Miracles* workbook lessons in song, and you're finishing up doing the text. People can find that through your website as well. You're also hosting this conference in Easter.

James Oh, yeah.

Jennifer And I'll be there, too. Do you want to tell people about that a little bit?

James Oh, yeah. Thanks for reminding me about that. We're so excited that we're going to be having hundreds of people coming together in April on Easter weekend! What a great way to celebrate Easter than to come together to celebrate the resurrection of our own consciousness. That's going to be happening—it's right outside Salt Lake City. Some really great people like David Hoffmeister, Bill Free, Lisa Natoli, of course, Jennifer, Maria Felipe. Who else? Vicki Poppe, Dov Fishman, Jon Mundy. So many of the great teachers that we all know and Love will be there.

If you want to get more information on that, go to [ACIMEasterConference.com](http://ACIMEasterConference.com). [ACIMEasterConference.com](http://ACIMEasterConference.com). Join us for that. That is going to be such a great gathering and it's going to be completely focused on the experience of awakening. You know many of us enjoy going to the conference that Tony Ponticello does every year or every other year. But he's not doing one in 2017, so that's the reason why we decided to have this conference so that there'll be a way to gather the tribe during the year, and we couldn't think of a better time to do it than the Easter weekend. So come celebrate the Easter with us.

Jennifer Yes! Yes! It's going to be a spiritual hootenanny.

James Yeah. Yeah. Yes, it will be.

Jennifer And I love doing retreats on Easter. I've done that many times. It's a wonderful—obviously we're focusing that Christ energy in our own hearts and minds, and it's always off the charts with healing. It's a great opportunity to come and get your healing on with like-minded souls. We're going to have an absolute blast. Yes, indeed.

James Amen.



- Jennifer Well, speaking of, “Amen, ” I am going to close us out here with a prayer. Just before I do that, I would like to say thank you, Jimmy, you have such a full schedule. I really appreciate your taking timeout to be with us today and speak about this Power of Prayer.
- James Uh-hmm. It was my honor. Thank you so much for having me here, Jennifer. Thank you for all the work that you do spreading this beautiful word. You do such a magnificent job.
- Jennifer Thank you. Well, as you know it’s my pleasure and my Joy, and I’m so grateful. Grateful, grateful, grateful.
- James Yeah, I know. I know the feeling.
- Jennifer It’s true. We were saying this before we started the class. We said we both so inspired by the teachings. We have so much energy to just share and share and share. It’s a blessing.
- James It sure is.
- Jennifer Every time we get to share, I know this is true for me. Every time I get to share I learn something. I’m more my true self after every class and every offering, so it’s a blessing for me in so many ways.
- James Yes.

### *Closing Prayer*

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- Jennifer So let’s take that breath of Love and gratitude together. I invite everyone to place their hand on their heart as we remember that we’re not just paying lip service here. We are wholeheartedly available to have a healing right now. Right in this very moment.
- So we Partner UP with that Higher Self, that Holy Spirit to once again to remember and recognize that we’re already perfect. We’re already free. We’re already our true identity. We are grateful and thankful to surrender all blocks to Love.
- We’re opening our mind and we are willing to have a healing right now. We’re willing to surrender all the blocks to Love and to remember only the Truth that sets us free. We are grateful that every moment of every day we share the benefits of our spiritual practice, our prayers, our healing with everyone because we’re One with them.



So grateful and so thankful to know that we are blessed and we are a blessing. In gratitude, we let the blessings be. We know it is done, and so it is. Amen.

James        So it is. Amen.

Jennifer     Thank you, again. God bless you. Mwah!

James        Thank you. Love to everyone.