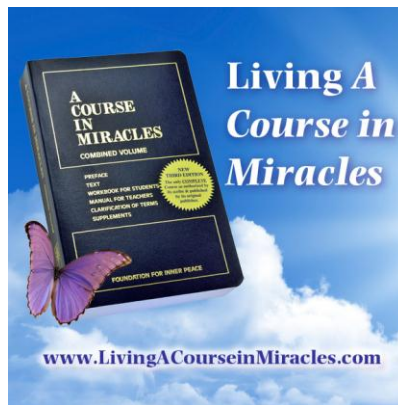


November 18, 2014



Family Holiday Healing!



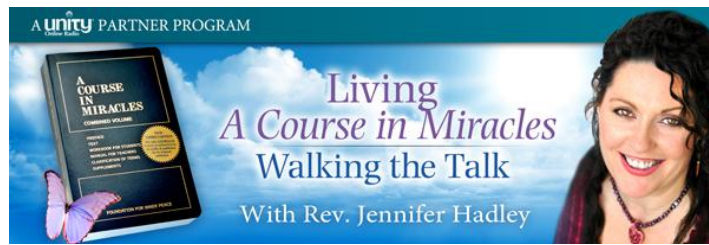
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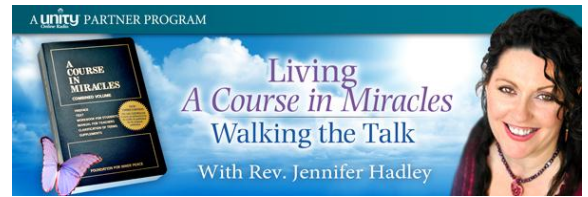
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November 18, 2014

Family Holiday Healing!

Welcome to *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley, a beloved teacher of the *Course*, who has helped thousands learn how to express their beliefs from moment to moment in their everyday lives. Get ready to focus on your intent to be the Love, be the Peace through practical application.

Here is your host, Reverend Jennifer Hadley.

Jennifer Ah, happy day. So glad we're together. Hmm. What a blessing. Yes. I'm Jennifer Hadley. Our topic this week is Family Healing and Harmony. Just in time for the holidays.

Next week, I'm going to have Cindy Renard, Gary Renard and Cindy's mom and her sister and brother-in-law, all practicing *A Course in Miracles* in their family. I've known Cindy and Gary and her mother and sister and her brother-in-law for a number of years now. Gosh. Anyway, we could talk about that next week. Tune in next week. I invited them, especially, to talk about family practice.

I had them on the show, Cindy and her mom and sister and brother-in-law, I believe it was August of 2013, and people really loved that episode of the show. I'm having them back for Thanksgiving week. This time, Gary is going to join them, too. I hope you'll tune in next week and remember you can always get the downloads. You can always get the podcast. You can subscribe to the podcast and then it's automatically downloaded for you in whatever means you receive your podcast.

If you do love this broadcast, this podcast, I invite you to please write a review at iTunes if you listen by iTunes, whatever method that you access to show. I invite you to please leave a review because all the downloads are

free. The more people that write reviews, the more iTunes shows it to people, and then they can find it and hopefully here's something that's truly helpful to them.

Alright. Well, let's get started here with a prayer.

Opening Prayer

I'm taking this breath of Love and gratitude, we place our hand on our heart and we consciously call the name of God, beloved I AM that I AM. We invoke our elder brother Jesus and we Partner UP with the Higher Holy Spirit Self. We declare that we are willing to be heart-centered, to open our heart and mind to the truth that sets us free.

We're consciously willing to recognize that we are the Kingdom of God that it is awake and alive in our heart, in our mind. We consciously join with our brothers and sisters everywhere recognizing the Unity of all life. We open ourselves to surrender all thoughts of lack, attack, limitation and separation in order to be a beneficial presence in this world. Yes, we are choosing to Love life free of ego attachment starting with ourselves.

Yes. So grateful and so thankful to walk this road of Love and compassion together. We're grateful to forgive, to release all judgments and opinions, and to live in the light of God, our true nature.

In grace and gratitude, we joyfully allow our healing to be. We share the benefits with everyone because we're One with them. In grace and gratitude, we simply allow it. We let it be and so it is. Amen. Amen, Amen.

Upcoming Spiritual Events

Yes. Yes, yes, yes. Today, this week, I've been in Baja California, Mexico, the Baja Peninsula of Mexico in Loreto Bay at the Villa del Palmar Resort, where we're having our Living *A Course in Miracles* Winter Getaway Retreat, the first week of March. Prior to that, I'm doing a four-day whale watching adventure on the other side of Baja, so two different retreat events that you can join me on both of them. The Living *A Course in Miracles* Winter Getaway Retreat here at the resort which is just spectacular.

I've been posting photos and videos on my Facebook page, you can always look for my Facebook fun page, Jennifer Helen Hadley. Also, there's the

Living A Course in Miracles group where you can post your shares and questions and “A-has” and then there’s the pledge to live *A Course in Miracles* is there also. Those groups and then there’s my personal profile.

Anyway, I’ve been posting video and pictures of it here in Baja. It’s spectacular. We’re doing a wonderful weeklong retreat similar we did in Greece, the one here in Baja is always with Maria Felipe and myself, but we have Regina Dawn Akers, David Hoffmeister and Jon Mundy joining us. We have a limited number of rooms. If you’re interested in joining us, please sign up early.

Also, the airplanes, it’s a very competitive time of year. It’s the high season. We’re coming in the winter to Baja. Book everything early and we can help you with that. But we’re planning a wonderful deeply healing, nourishing, restorative retreat. I’m telling you, this is the place to do it. It’s so spectacular here. I just love it here. I’m leaving tomorrow. I do not wish to leave. I really would like to stay here for a month. It is heavenly. It really is paradise. I keep thinking, “I’m waking up in paradise.” It’s wonderful. I could go on and on about it, but I’ll just say that much.

I know the whale watching is going to be spectacular. The whales in Baja are giving birth at that time of year. Four days of communing with the whales is such a wonderful thing. The whales are these magnificent heart beings. Whenever I’m with them, I feel so inspired and healed. Yes. There’s a crow saying, “Me, too, me, too” in the background.

Okay, so let’s get to our family, harmony healing. Oh, by the way, you can bring you family on this retreat. There’s so much to do at the resort that while you’re in the healing sessions with the teachers, they can have a blast, glass bottom, kayaking, paddle boarding, swimming. There’s, I think, six pools, Jacuzzis. It’s all inclusive all your food, all your beverages. It’s just a fabulous package. Of course, there’s a spa, a gym. Hiking is fantastic. I went hiking yesterday. Today, we’re doing a thing with the dolphins and the sea lions. I’ve never been swimming with the sea lions, looking forward to doing that today. Anyway, yes, you could bring your family on the Winter Getaway Retreat. How perfect is that.

Challenges in the Family

Family, harmony and healing, first, I’d like to just share with you that I have had so many challenges with my family. My family have been my

greatest teachers. There's no question about that. I think I've been my greatest teaching, but my family has definitely helped me, my grandparents, my parents and my precious brother, my younger brother.

When I started my spiritual journey in my mid-20s, I was in so much denial about how I really felt. I was so shut down. Just about the only thing I could feel was anger and I felt a lot of anger. I can tell you, sad to say, but I ruined so many holidays, particularly, Thanksgivings. My birthday is Thanksgiving time. My mom went into labor to me after Thanksgiving dinner. This year, my birthday is the day after Thanksgiving. My birthday is often on the day of Thanksgiving, the day before, the day after. It's always a Thanksgiving time. Always.

I have found that there's just been so many triggers around my birthday and Thanksgiving that I would literally just ruin Thanksgiving dinner for the whole family. I would get upset and people wouldn't listen to me or having compassion for me and then I would just explode in a rage and I would do everything I could do to literally ruin the day for everyone and I would be successful.

Of course, that behavior created, and my brother really just totally disliked me. I don't know that he likes me now. I know that he loves me, but—and we get along fine now. But that took a lot of concentrated effort on my part to just to get to the point where we get along fine because he still has not forgiven me for that, but I don't feel it too intensely anymore. I've actually spent a huge amount of time with my brother, his wife and kids in the last year. We don't fight at all, hardly anymore. We really don't have any challenges. We used to dig at each other, provoke each other, and have a fight every day we were together. But it's been years since that was so, many years.

I'm grateful for all the family healing I've had. I also would like to emphasize that I proved in my family that one person with a commitment to Love, to being loving, to holding the high watch, to the holding the space for the entire family to heal is all that's needed. You become the fulcrum point for Spirit to move through you. Because all minds are joined, if you release your judgments and opinions about the members of your family, they will shift and change. They have to, because all minds are joined.

Atonement and Forgiveness

This is the teaching of *A Course in Miracles*, but our function in this world is to wake up. We are choosing the atonement for ourselves. What does that mean? If you're new to *A Course in Miracles*, it might not be clear to you what choosing the atonement for yourself really means. Accepting the atonement for yourself is accepting and having the full realization that there never was a separation from God, there never could be, there never will be, there never was. That's the atonement and we're all going to get there. We're all on our way. We're doing it together.

What *A Course in Miracles* directs us to do is to save time through spiritual practice. The number one tool in our spiritual practice is forgiveness. What is forgiveness? How do you get to forgiveness? Forgiveness literally is, "Releasing the attachment to the meaning that you made of it that is completely false."

Let's say something happened, like me, I ruined Thanksgiving dinner. I made it a living hell for everyone in my family. I made them wish I was never born and that they didn't even know me. I ruined everything a number of times.

Forgiveness is having no opinion or judgment about that anymore, releasing the meaning I made of it. As you might imagine for a long time, I felt guilty and ashamed. I certainly felt—especially if I did it after I started my spiritual studies, I felt spiritually stupid. I felt out of control. I frightened myself. I would feel that it was other people's fault, not my fault that I got so upset.

Because every time I got so upset at Thanksgiving, it was because I still held the judgments and the opinions, the false beliefs about the hurts and the upsets from the past and they hadn't been healed and I would get so afraid that they were never going to be healed. I would get so afraid that they would just keep repeating themselves and people would just keep hurting me in the same ways, that people would never understand me, that they would never get me.

I was terrified that I would ruin Thanksgiving dinner again, ruin my relationships, make them worse that I would never get the Love I wanted, that it wasn't possible that I was unloving, unlovable, unworthy, bad, wrong, stupid, ugly, internally ugly, all these things were wrapped up in

that fear. Just massive fear. All because of these ancient hurts that had never healed.

How did I express the fear about the hurts? Anger, rage, rage, uncontrollable rage. I literally would just be uncontrollable out of my mind. My mind is sharp and so was my tongue. I have a huge amount of Scorpio in the pattern that I chose for my life, so I get to heal that. The scorpion feels threatened. What does that do? It does not run away. The Scorpio prepares to attack, not to defend but to attack.

The Scorpio if truly threatened will just attack first and ask questions later. In fact, the Scorpio is deadly, so the Scorpio is willing—the Scorpion rather, is willing to kill the threat, the possible threat, the perceived threat without taking names or asking questions. That's really how I use to operate.

I have had healing that was not even imaginable to me before because I don't feel like there was something wrong with me anymore. I don't feel bad anymore. I don't feel ashamed. I don't feel guilty. I don't feel any of that anymore. I still sometimes can be a little snarky if I feel that people are actively working against me. I do experience that sometimes that people are actively working against me. I don't experience it in my family anymore, though. Nope, not with my family.

Now, in my family, we had a bunch of patterns, really intense negative patterns and I took responsibility for those patterns in my family. Yes, I did. That brought me miraculous healing. That's what I'm going to share about when we come back from the break.

I'm Jennifer Hadley. You're listening to *A Course in Miracles* on Unity Online Radio where we're walking the talk. We're living the Love. I'll be right back.

Thank you for tuning in for *A Course in Miracles: Living the Love, Walking the Talk*. Get ready to focus on your intent to be the Love, be the Peace through practical application as we return to *A Course in Miracles: Living the Love, Walking the Talk*.

Spiritual Practice

I'm Jennifer Hadley. Welcome back. Thanks for joining me. Our topic this week is family healing and harmony. So glad to be joining with you today. I'm in Baja, Mexico, where I have the joyful privilege of preparing for our *Living A Course in Miracles* Winter Getaway Retreat in March with Jon

Mundy, Regina Dawn Akers, David Hoffmeister, Maria Felipe and myself and more.

This is an absolutely spectacular location for a healing retreat which is what we're planning for you. This location is—I swear to you there's a very peaceful energy vortex. The indigenous people know that this land is really a very sacred place. At least it feels that way to me and talking with some of the locals. There's definitely a powerful energy here.

Jacques Cousteau, this was one of his favorite places. He called it the, "*Aquarium of the world*," where the Loreto Islands are, where we are. It's absolutely spectacular. The marine life is spectacular. We're going to have such a good time. The whole atmosphere, the resort is just pristine and beautiful. The food is delicious. We've created a wonderful environment for you.

One of the things I have to say is because of my spiritual practice and the work that I do, I feel totally worthy of being able to enjoy and experience these beautiful places. I really don't have any interest in travelling, although Spirit has got me traveling right now.

I really would prefer to stay in one place and I got to tell you, I'd like to stay here for a few months. Seriously, it's so nice here. It's paradise, but I feel worthy of whatever Spirit is giving me now.

Even though it wouldn't be my preference to move around a lot, I definitely feel worthy of the gifts of connections with other people. I feel worthy of being able to share what I've learned and I feel worthy of the Love of my family now. I feel worthy of the forgiveness that I've received from my family, for the ways I used to behave. I feel worthy of all of that because of my spiritual practice.

Spiritual practice is restorative. It's healing. That's why I like to do healing retreats where we do a deep healing, nourishing spiritual practice together. We practice the principles together. We practice nonjudgment together and we practice playing and having fun together.

Believe me, when I started my spiritual practice, I was not even remotely capable of participating in something like that. Never mind leading it. This is what compels me to share so much is I see such a huge contrast in my life the way it used to be and the way it is now.

By the way, if you're interested in anything that I offer, most of—well, half of what I offer at least is free. If you search for Jennifer Hadley at iTunes, you can find hundreds of hours, hundreds of hours of free downloads that you can make use of there. Every day, I offer a free prayer, free inspirational writing, and I share for my own experience in what I am learning. I call it my *Daily Shot of Spiritual Espresso* and I send my prayer for today with it each and every day. Also, you can go to ACIMretreat.com, ACIMretreat.com to learn about this retreat. I know it's been a long time coming in. I know you've heard me say this many times, but we're actually finishing the *A Course in Miracles* app. I just didn't have the bandwidth to finish it and now I do. I'm finishing up the app. I'm really hoping that it'll be ready certainly before Christmas. If you go to [ACIMapp](http://ACIMapp.com), A-P-P, ACIMapp.com, you can register there. As soon as it's ready, will let you know.

“A Healed Mind Does Not Plan”

Alright. As promised before the break, I'm going to talk with you about the changes in my family and share with you the amazing healing that I've experienced in my family. My family had a pattern of being controlling and manipulative. Every way that it was possible to be controlling and manipulative. Also, in my family, we had patterns of snarkiness, sarcasm and—

You know my parents are very smart people. My mom made her transition in 2008. My parents, very, very smart, very well educated people, but not emotionally intelligent. You know, really just not emotionally intelligent. They grew up with parents who loved them, but also were controlling and manipulative. Now I learned, oh, when you love people, you're controlling and manipulative.

I, also being a very smart cookie, I thought I made the meaning of my family experience that to be controlling and manipulative is smart and it's also loving. Of course, it's neither. It was so wrong. But I also out of my deep insecurity and my feeling that there was something terribly, heinously, obviously wrong with me, I thought that it was the best use of my intelligence to be the most controlling, the most manipulative member of my family. That was my plan of attack. That was my plan of defending myself and protecting myself.

A Course in Miracles Lesson 135, *If I defend myself I am attacked*, which is also the same lesson, it's the longest lesson in the *Workbook*, 135, Paragraph 18 is the one I quote almost every week.

"What could you not accept, if you but knew that everything, all circumstances, events, situations, occurrences, every little darn thing in your life was gently planned by One Whose only purpose is your good?"

It's in Paragraph 18 of Lesson 135.

Also, in Lesson 135 is that beautiful teaching: *"A healed mind does not plan."*

Now, obviously, I'm here in Baja planning the *Living A Course in Miracles* Winter Getaway Retreat. I'm planning all the fun in the sun and all the healing activities and things that we're going to be doing. I'm doing a lot of planning. I have my yearlong *Masterful Living Course* that starts January 1st. Believe me, I'm doing some planning. I'm getting ready for my *Stop Playing Small Class*. I'm doing some planning. I'm always doing some planning.

"A healed mind does not plan." That really means this. You have no attachment to your plan. You have no attachment to your plan. We're all planning, you know. We go to the grocery store. We plan meals for days, right? But when you have an attachment to something, that's what causes the issue. We make plans without attachment. Now, my mind was always attached to controlling and manipulating, thinking my plan was the best.

One of the most powerful shifts and changes that happened for me in my healing was I made the decision to stop being controlling and manipulative. In order to stop being controlling and manipulative, I had to release the judgments and opinions because as long as I held on to the judgments and opinions, I couldn't stop being controlling and manipulative because it would've been excruciating to consciously—and it was, because when I first started, I still had all the judgments and opinions and I was just trying to stop acting from them. But then I realized, it took me a long time.

This is why sometimes I talk about feeling spiritually stupid because for a long time, I felt like, you know what, I do believe it's possible to wake up in the illusion. I do believe it's possible to follow what Jesus said, as he said, "Even more shall you do." Okay, I believe at Jesus, but not for me. I just—man, I'm a slacker. I'm resistant. I'm reluctant. I keep making the same mistakes over and over again. I can't stop being controlling and

manipulative. I can't stop judging. Blah, blah, blah, blah. I had all those thoughts. Believe me, for years and years, I had all those thoughts, but I don't have them anymore.

That's why I feel compelled to share, because this very specific tools and tips that were given to me, I apply them. They were given to me by Spirit in my mind. My own understanding of the *A Course in Miracles Workbook* teachings, so I work the *Workbook* every day. I've been working it from long before I found the *Workbook*. Because these teachings were given to me in my mind and I started working them. That's why I focused on living *A Course in Miracles* because that's the practice that has changed my life. It's living these teachings.

If you're interested in using these tools that I'm sharing, my *Finding Freedom* Spiritual Bootcamp Class, be ready to get real and you like to do it with support from me, weekly calls with me, get in my *Finding Freedom* Class. You can start whenever you want, you work the curriculum, it's a self-study course like *A Course in Miracles*, but you've got weekly calls with me where you can ask me any question you like, and the my *Masterful Living* Class starts January 1st. That's my yearlong Class.

Harvesting the Learning

This is what happened for me and my family is I decided to stop judging myself and to stop judging them in order to stop being controlling and manipulating because I realized that being controlling and manipulative is not loving.

When my family was controlling and manipulative with me, I did not feel loved. I did not feel appreciated. I did not feel cared for. It was so upsetting to me. That's why I used to get so angry was because I felt them telling me they loved me, but trying to control and manipulate me, and I couldn't stand it. I also would get so angry because no matter what I did, I was always rejecting the Love. I couldn't stand it because I didn't feel worthy of it because I was so unloving, I did not feel worthy of people's love, God's Love, God's Love flowing through people, did not feel worthy of it. It was brutal for me, absolutely brutal. I'm so glad that's over.

Because I was constantly repeating the pattern of feeling unworthy. Feeling unworthy, I would create upset, drama and trauma in my family. I would provoke people to get very, very angry with me. I would reach out, attack

them, hurt them, consciously intending to hurt them, so that they would reciprocate, and then I would feel unworthy all over again. I was on that hamster wheel.

For me, it felt like a Quack Mayer. It felt like quicksand. It felt like—I think really the best way to describe it is it felt like a whirlpool sucking me down. I felt I could never get out of it. Yet I made the decision that I was going to get out of it. I was making that my number one objective for my whole life.

More and more, I began to dedicate myself to simply being loving and forgiving. I made the decision to forgive everything and everyone in all directions of time and space. I decided to forgive everything known and unknown, everything felt and not felt, everything seen and not seen. Everything understood and not understood. I decided to do it because I realized that not forgiving was blocking my ability to harvest the learning from my experiences and by not harvesting the learning from my experiences, I was doomed to repeat them, and I was so sick of repeating them and I was so exhausted from putting my family through again and again and again.

The Golden Rule

A Course in Miracles says right in Chapter 1, Section 2, *Atonement and Miracles*, Paragraph 6:

“You respond to what you perceive, and as you perceive so shall you behave.”

I perceived that I was unworthy, bad, that there was something wrong with me, and I perceived my family as attacking me, controlling and manipulating and that they were the enemy. I was so confused because I also felt that they were the only source of Love and I wanted the Love. I was deeply confused.

It says here, *“The Golden Rule...”* which is the Golden Rules in every religion.

“The Golden Rule says, it asks you to do unto others as you would have done unto you. This means that the perception of both must be accurate. The Golden Rule is the rule for appropriate behavior. You cannot behave appropriately unless you perceive correctly.”

I got this. This came into my awareness. I’m not perceiving correctly, therefore, I’m not behaving correctly. I’m not being loving because I’m not perceiving correctly.

It says, “*Since you and your neighbor...*” Our families are our neighbors. Love your neighbors as yourself.

“*Since you and your neighbor are equal members of one family...*” There’s only one family. God has one family and God has one son. We have the Mother-Father God Presence. In my understanding, Father God, Divine Will, Mother God, Divine Love, they join together. They produce one child, one son. There’s the son of God which is the Christ Presence which is what we are.

“*Since you and your neighbor are equal members of one family, as you perceive both so you will do to both. You should look out from the perception of your own holiness to the holiness of others.*”

This is our Divine Opportunity to recognize that all are worthy of Love, all are worthy of our true identity. This is our holy opportunity to share this year during the holiday season with our family. Let us decide to do that without equivocation. Let us make that the holy purpose of our life.

I’m Jennifer Hadley. You’re listening to *A Course in Miracles* on Unity Online Radio where we’re living the Love, we’re walking the talk and I’ll be right back.

You’ve been listening to *A Course in Miracles* living the Love, walking the talk with Reverend Jennifer Hadley.

If you have a question or comment about today’s program or if you’d like to join the discussion, visit us on Facebook at *A Course in Miracles* Pledge, where you can join a community of like-minded people, who have pledged to live *A Course in Miracles* every day in every way.

Now, back to *A Course in Miracles: Living the Love, Walking the Talk*.

Love Is the Healer

Welcome back. I’m Jennifer Hadley. Our topic this week is Family Healing and Harmony for the Holidays.

Next week, my guests will be Gary Renard, Cindy Renard and her mother, her sister and her brother-in-law. The whole family practicing *A Course in Miracles* are going to tell us what it’s like. I’ve heard Gary sharing on the Greek retreat, the Living *A Course in Miracles* Greek Retreat that we did in September. He was sharing about his family Thanksgiving has changed

now that he's married to Cindy in a family of ACIM students. I love this family. I've known them for years now. I'm really happy to have them on the show.

Right now, I'm preparing for the Baja Mexico Retreat, the Living *A Course in Miracles* Winter Getaway Retreat with David Hoffmeister, Regina Dawn Akers, Jon Mundy, Maria Felipe, myself and more. We're going to have such a good time. It is so beautiful here. It's a great resort. It's a real resort with a spa and the whole nine yards. It's great. I'm excited to share that.

I'm excited to share this family healing that I've had because one of the things I can honestly say to you that is so miraculous. I really proved that this works. I proved God works because in my family, what I witnessed was not only did I really start to shift and change and it was noticeable. My family began to treat me differently, began to have fewer and fewer arguments and upsets. I began to be less and less provocative and stopped ruining the holidays for everybody and was able to really be a beneficial presence in my family.

What I noticed that my parents, their relationship with each other improved. My brother and his wife, their relationship improved. I noticed that the relationship between my parents and my sister-in-law improved. There were so many improvements in all the family relationships.

I really—I don't take credit for it, but I recognize that everything in my life has changed because I've changed my mind about everything in my life. I've literally proved the teachings of *A Course in Miracles*.

Over the years, particularly, people have become closed to me through taking the *Finding Freedom* Class, through taking the *Masterful Living* Class and through taking the Living *A Course in Miracles* Classes that I offer, people have shared with me profound healings in their marriages, in their relationships with their parents, in their relationships with their children, with their siblings and with themselves.

What I invite you to do this Thanksgiving is to make the decision that you are going to be the healing fulcrum point in your family. This is a Divine Opportunity. If there's anything that you don't like about the way your family relates to each other, if there's anything that you don't like about the way that you relate to your family, the way they relate to you, take total responsibility for it, right?

This is *A Course in Miracles* Page 48. “*I’m responsible for what I see,*” that *Responsibility for Sight* section. “*I’m responsible for what I see. Everything is just how I wish it would be.*”

Perception is projection. This is *A Course in Miracles* 101. We take responsibility without judgment, without blame, without shame. How do we do that? We join with the Holy Spirit. We join with our elder brother Joyses--Jesus. Joyses? That’s funny. It’s like Joy. That’s what I felt. I felt the Joy were coming through. Joyses. Joyses.

Okay, I’m not going off on that tangent because it’s much more important for me to share this because people who do this have miraculous healing. They become the miraculous healing point in their family. Love is the healer. You can’t have healing in your family without Love. I recognize that sometimes we don’t Love the members of our family. We don’t have to like them. We don’t have to enjoy them, but if we can open our heart and mind to allow God to love them through us.

That’s what I learned to do in all areas of my life. I, literally, when confronted with someone that I didn’t feel loving towards, in my mind, I would say this, “You are of God. All is one. You are off God. You are here to bless me. I am willing to receive the blessings of God through you and I am willing to be the blessing of God for you. We are One.”

I began to practice that golden rule. “*Do unto others as you would have them do to you.*” Do unto others as you would have done unto you because what you do to others will be done to you. This is how we learn. I became committed to being compassionate. You can’t be compassionate and judgmental at the same time.

Precious Teachings

Somebody recently asked me, very—I got a sarcastic e-mail that said, “Do you think Jesus is proud of you for...” I think it was for making so much money of his teachings, which by the way, I--honestly, I tithe almost every bit of money that I don’t need to just meet my expenses, I tithe back to the Power of Love Ministry. I really do. Because I’m much more interested in making this *A Course in Miracles* app, offering free Classes, hiring more staff, paying the staff more to offer you the best service that I can because these teachings mean everything to me.

I don't need to buy a house and accumulate things in this world which is why Spirit guided me to give up my home and not have a home. I do have a few things in storage because it made more sense than to get rid of them, but I gave away most of my furnishings to charity, most of my books, and things. That was my guidance. I can only do that and live that way because I live these teachings and I feel good about it. I've proven it to myself.

There's so much Freedom and so much Joy in living these precious, precious teachings. Studying them is not equal living them. The study of them is to comprehend them, so that you can apply them. That's why I love offering Classes and retreats and workshops, so that people become inspired and motivated to finally live them. That's where the miracle happens. The miracle is Love. When we're able to be loving in our daily practice, then the healing happens in our heart.

I stopped looking for my family to do anything for me. I stopped looking for my family to stop their being controlling and manipulative and argumentative and snarky and sarcastic and judgmental towards me. I let what they were doing, be my opportunity to recognize the cry for Love and to respond with compassion and my whole family had a healing and we're still healing because I'm still healing. I'm not always 100% loving. I'm not always 100% compassionate, but when I am, I recognize my error, and then I'm loving and compassionate with myself. That is my healing, because I'm still healing false beliefs and patterns of negativity. This is the focus of my life.

Every Class that I offer, every radio broadcast, everything that I'm offering, every retreat is an opportunity for me to practice. Every day, I get triggered and then I open my heart to the healing, to the Power of Love. Why is Love the only healer that we have? It's because Love is what we are. When we choose to love and to be loved, to be in the flow of Love, then we're in the flow of miraculous healing.

This holiday season, take total responsibility for every healing opportunity that you see, become vigilant. If you'd like to be masterful, first, you have to become a devotee.

Jesus tells us over and over again in *A Course in Miracles* your willingness to invite the Holy Spirit to do the heavy lifting is all that's necessary. Do that and it will be done unto you, so let's practice that with dedication and devotion and take every opportunity that comes our way, instead of being

upset that we're upset. Let us be grateful for the opportunity to practice to be the one who's changing their mind, so that all minds are healed. This is our holy opportunity.

Closing Prayer

We place our hand on our heart now and we declare that we are wholeheartedly available to be that healing fulcrum point in our family this holiday season. We thank God for the Divine Opportunity to recognize the truth that sets us free to live it, to walk it, not just to talk it.

In gratitude, we share the benefits with everyone because we're One with them. In gratitude, we allow our healing, we let it be, and so it is. Amen. Amen, Amen.

I love you. I thank God for you. I'll be with you again next week. Mwah! Blessings from Baja.

Thank you for tuning into *A Course in Miracles: Living the Love, Walking the Talk* with Reverend Jennifer Hadley.

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